

Taking Worship Home

Discuss one or more of the following with a friend or family member.

1. Reflect upon a time when someone's simple kindness had a larger-than-visible impact on your life.
2. Read some of the Scripture passages referenced in this section:
Matthew 13; 15:22-28;
Mark 10:13-14;
Luke 8:40-48; 18:35-43; 21:1-4;
John 4:1-26.

What story or conversation of Jesus most demonstrates his kindness?

3. This week we were challenged to show kindness in intentional ways.

Which of the following did you attempt? How did it go?

- a. Go out of your way to look people in the eye and say hello.
- b. Acknowledge the people you normally fail to recognize.
- c. Refrain from giving answers and ask another question.
- d. Do a small act of kindness or thoughtfulness for someone. Just because.
- e. Get to know the kids of some of your friends and neighbors. Ask a question about them. Learn their names. Show that you see and value them.

(from 42 Seconds, pages 31-32)



Prayer for the Week

Father, I know that *all people* in this fallen creation are by nature self-centered, self-interested, and self-important people. But it’s hard to admit that *I* am self-centered; *I* am self-interested; *I* am self-important.

Like a circle turned in on itself, I want to protect my self-esteem; I hide my faults, even from myself.

Set me free, Lord: free from the need to defend or justify my failures.
Give me confidence in the forgiveness won for me by Jesus on the cross.
Give me the courage to live as a true sinner who has received true pardon.

Then shape in me the humility of my Lord Christ. Give me the freedom to value others above my need to be right. Amen.

By the Book

By next Sunday, make sure you **read Section 1: Be Kind** in the *42 Seconds* book (pages 1-30). Feel free to read ahead; the sections complement each other well.

The Big Idea for this section of the book is summarized on page 2:
“It’s basically impossible to introduce our neighbors and coworkers to Jesus if we’re not kind to them.”

Sounds obvious, right? But living it out can be a challenge. Keep a running list this week of opportunities you had to be kind (see question 3 on the back). Whether you took the opportunities or not, the first step is noticing them. Make your list below:

Sermon Notes